

JHWS Development Update

**Lincolnshire Health and Wellbeing Board
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JHWS Development Timeline



Background

Following a report presenting the findings of the JHWS engagement at the Health and Wellbeing Board meeting in September 2017, it was agreed that further work would be undertaken on the 'stand out' JSNA priority areas of:

- Adult Mental Health
- Mental Health and Emotional Wellbeing (Children and Young People)
- Housing
- Carers
- Physical Activity
- Dementia
- Obesity
- **Safeguarding (proposal following recent engagement)**

Background

The HWB agreed to undertake this work through further considering some key themes which emerged during the engagement. These included the need for the JHWS to:

- Have a **strong focus on prevention** and early intervention
- Take **collective action across a range of organisations** to deliver the JHWS
- Focus on **tackling inequalities and equitable provision of services** to meet the population needs
- Deliver **transformational change in order to improve health and wellbeing**

Approach

In discussing the key themes for each priority area the Public Health team first undertook analysis to find out what the JSNA says regarding:

- What we should be doing next
- Local Strategies and Plans
- Sustainability and Transformation Planning objectives

JSNA topic leads and sponsors were contacted and face to face meeting held with each to identify potential areas of focus for the next JHWS as well as governance and accountability.

Mental health and emotional resilience – Children and YP

- Build emotional resilience and positive mental health
- Action on the wider determinants, e.g. social media, peer pressure, exam stress, addressing stigma
- Better understanding of self-harm/suicidal intent in young people
- Address lack of parity between service investment in Adults and Children & Young People and between mental health and physical health
- Ensure that young people's access to crisis service is prioritised as part of the all age review of crisis services
- Support to families of young people with mental health needs
- Ensure the local transformation plan covers key areas within the national 'Future in Mind' Plan (NHS England) aligned to STP planning, collaborative place based commissioning and workforce planning
- Review our support services for pupils with special educational need and a disability so we can meet need locally

Adult Mental health

- Preventative services – role of Information, Advice and Guidance services, MH promotion, self care (including support to families with adults who have mental health needs)
- Closer integration with neighbourhood teams/ influencing STP delivery and priorities
- NHS Health Checks – targeting uptake of those with MH conditions
- Reducing in-patient numbers (both in & out of county)
- An all-age crisis service going forward
- Development of better analytical data to identify needs and target service provision more effectively
- Implementing the recommendations in the Police and Crime Act, regarding detaining people with MH issues
- Development of a new patient-held digital information platform for Mental Health (including families caring for people with dementia)

Carers

- Make the carer visible across integrated neighbourhood working (Neighbourhood Teams)
- Partner sign-up to the 'Five-year Forward (NHS) Memorandum of Understanding' (commitment to carers)
- Early referral to Carers Service (requires awareness raising)
- Greater awareness of the needs of all age carers
- Preventative, pro-active action to support carers good physical and mental health (includes NHS Health Checks targeted uptake work)
- Change of approach and culture – 'Think Carer'
- Bridge known data gaps (improved analytics/data sharing)

Physical Activity

- Development of an action plan for physical activity (March 2018) to inform the development stages of the 'Blueprint' for the county
- Embedding physical activity across clinical pathways
- Governance and delivery through strategic multi-agency 'Task Force' (to be set up 2018) who will develop and drive the countywide 'Blueprint' for physical activity.
- Develop and cement the relationship with Integrated Neighbourhood Working and LEP
- Undertake robust local insight analysis to target actions more equitably and effectively
- Establish greater integrated working with planning and transport services (green/open spaces, developments)
- Engage districts with a portfolio of inactivity / active interventions (e.g. safe travel routes to school)
- Workforce wellbeing – Wellbeing Charter 2018 (PHE)

Housing

- Adopt a whole family approach to tackling housing needs
- Understand and address housing related delayed transfers of care
- Review supported housing arrangements across partners to support vulnerable people with complex presenting needs
- Joint action on a housing Memorandum of Understanding across partners
- Addressing poor standards of housing and the level of appropriate housing required
- Concerted action across partners to tackling homelessness
- Ensure people have the financial capability to access and maintain secure housing

Dementia

- Develop pathways for timely identification, referral and diagnosis
- Focused prevention programme for vascular dementia
- Address the lack of support & services for those with dementia under 65 years of age
- Address the sustainability of future support provision
- Greater integration and awareness raising within neighbourhood teams
- Ensure the refreshed Dementia Strategy is delivered (currently being drafted)
- Wider public and professional awareness of dementia to support services in all parts of the community to be dementia friendly

Obesity

The HWB asked that this be considered alongside the Physical Activity discussions. Due to the multi-factorial impacts on obesity (such as food and nutrition, clinical factors, e.g. mental health, diabetes) it would be problematic to join these two issues together.

JSNA evidence suggests some key next steps for this might be:

- Improved information and support for people
- Develop Making Every Contact Count (MECC)
- Action to reduce Childhood Obesity to the targets set in the STP

Safeguarding

- Transform children's social care through embedding signs of safety so we work in a restorative way with families
- Enhance support for families with adolescents who are engaging in risky behaviours to help them to manage risk

Common Areas

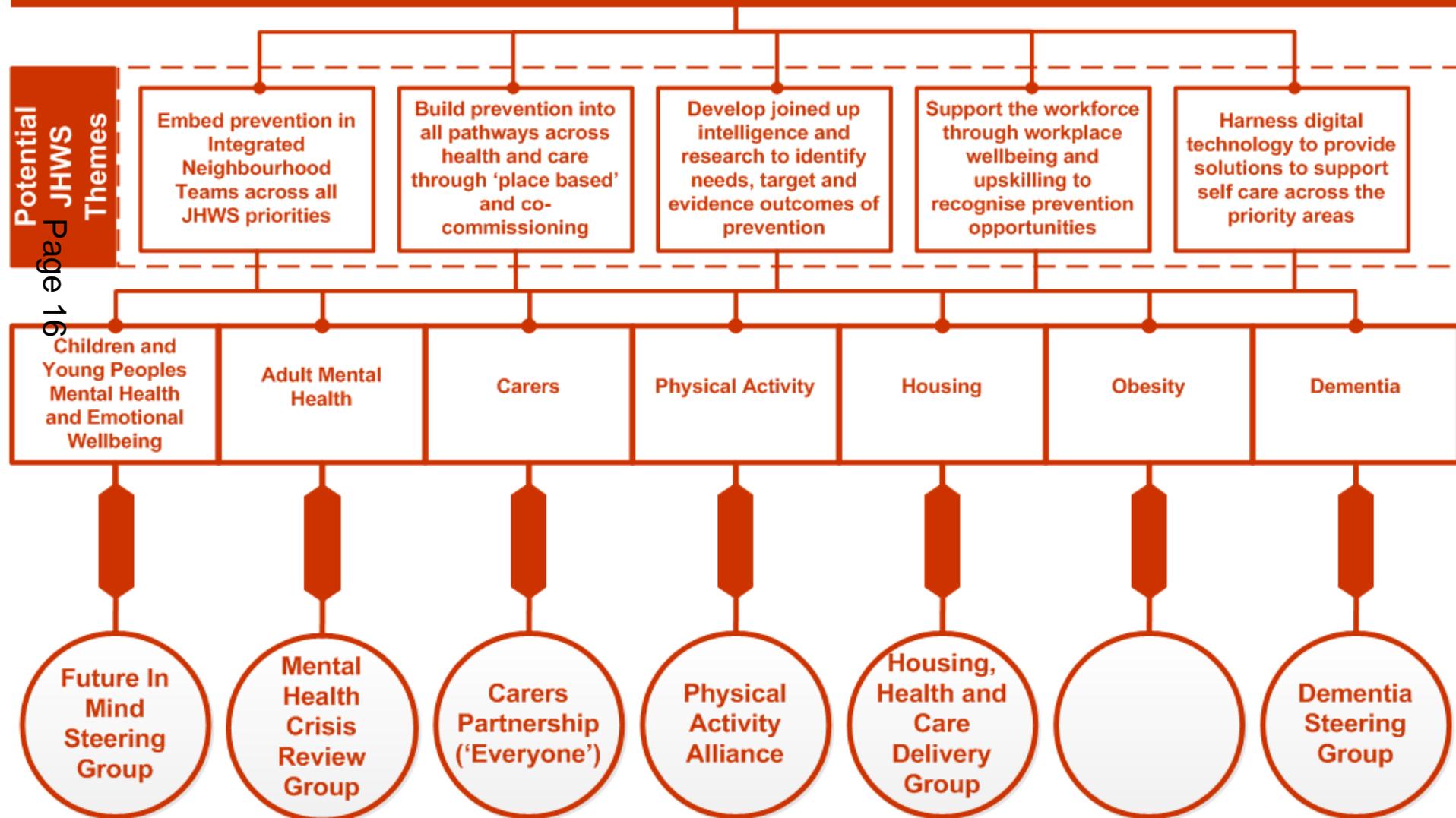
- Need for better integration with STP plans/priorities including **embed prevention in Integrated Neighbourhood Teams** across all priority areas
- **Build prevention into all pathways** across health, care and education, particularly focusing on inequalities
- Development of **joined up intelligence to identify needs and target prevention** activity where it is most needed (equitable service provision)
- **Support the workforce** through workplace wellbeing and upskilling to recognise opportunities for taking preventive action to improve health (such as through MECC and self-care)
- **Harness digital technology** to provide solutions to support self care across the priority areas

Key Messages

- HWB (and JHWS) should be at the forefront of leading a system shift towards joint commissioning for Prevention
- Closer involvement and alignment with STP planning and priorities specifically including Integrated Neighbourhood Working
- HWB-led 'Network Events' to support leadership, raise collective ambition and drive transformational change
- Formalised governance arrangements with delivery groups accountable to HWB for JHWS delivery planning and assurance regarding performance/achievement of priorities
- Taking a whole family/well family approach to tackling issues identified is a common message coming from discussions

Potential Governance

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Potential Themes
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Delivering the JHWS

- Develop a robust delivery plan formalised through the proposed new governance structures
- Align to JSNA as a continuous process with periodic review
- Ensure the STP builds into Integrated Neighbourhood Working the Prevention priorities of the JHWS
- Place based co-commissioning to align budgets, incorporating Prevention into health and care pathways
- Improve intelligence and analytics to ensure JHWS impacts on health inequalities and equitable service delivery
- Identified groups to develop their delivery plans linked to the themes identified (including further engagement between January and February 2018 with stakeholders and patients)

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